



# MORNING PRAYER

## LENT 2020

O Lord, open our lips  
**and our mouth shall proclaim your praise.**

Hear our voice, O Lord, according to your faithful love,  
**according to your judgement give us life.**

Blessed are you, God of compassion and mercy,  
to you be praise and glory for ever.

In the darkness of our sin,  
your light breaks forth like the dawn  
and your healing springs up for deliverance.

As we rejoice in the gift of your saving help,  
sustain us with your bountiful Spirit  
and open our lips to sing your praise.

Blessed be God, Father, Son and Holy Spirit.

**Blessed be God for ever.**

The night has passed, and the day lies open before us;  
let us pray with one heart and mind.

*Silence is kept.*

As we rejoice in the gift of this new day,  
so may the light of your presence, O God,  
set our hearts on fire with love for you;  
now and for ever.

**Amen.**

*A psalm is read or sung (lectionary overleaf)*

*Between two readings a hymn may be sung.*

To you, O Lord, I lift up my soul;

**O my God, in you I trust.**

You are the God of my salvation,

**To you, O Lord, I lift up my soul.**

In you I hope all the day long.

**O my God, in you I trust.**

Remember, Lord, your compassion and love,  
for they are from everlasting.

**To you, O Lord, I lift up my soul.**

**O my God, in you I trust.**

*(from Psalm 25)*

*A time of informal prayer follows, then the Collect of the day or the following is said:*

Almighty and everlasting God,  
you hate nothing that you have made  
and forgive the sins of all those who are penitent:  
create and make in us new and contrite hearts  
that we, worthily lamenting our sins  
and acknowledging our wretchedness,  
may receive from you, the God of all mercy,  
perfect remission and forgiveness;  
through Jesus Christ our Lord.

**Amen.**

Trusting in the compassion of God,  
as our Saviour taught us, so we pray

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done, on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever.  
Amen.**

May God our Redeemer show us compassion and love.  
**Amen.**

Let us bless the Lord.  
**Thanks be to God.**

*Possible themes for prayer:*

<i>Monday</i>	<i>Children, Families &amp; Schools</i>
<i>Tuesday</i>	<i>Abbey Café &amp; Hospitality</i>
<i>Wednesday</i>	<i>The Elderly &amp; Isolated</i>
<i>Thursday</i>	<i>Worship &amp; the Creative Arts</i>
<i>Friday</i>	<i>Abbey Leadership &amp; Teaching</i>
<i>Saturday</i>	<i>Healing &amp; Prayer</i>

## MORNING PRAYER LECTIONARY

24 Feb	Psalm 71	Gen 37.1-11	Gal 1
25 Feb	Psalm 73	Gen 37.12-end	Gal 2.1-10
Ash Wed.	Psalm 38	Dan 9.3-6,17-19	1Tim 6.6-19
27 Feb	Psalm 77	Gen 39	Gal 2.11-end
28 Feb	Psalm 3	Gen 40	Gal 3.1-14
29 Feb	Psalm 71	Gen 41.1-24	Gal 3.15-22
2 March	Psalm 11	Gen 41.25-45	Gal 3.23-4.7
3 March	Psalm 44	Gen 41.46-42.5	Gal 4.8-20
4 March	Psalm 6	Gen 42.6-17	Gal 4.21-5.1
5 March	Psalm 42	Gen 42.18-28	Gal 5.2-15
6 March	Psalm 88	Gen 42.29-end	Gal 5.16-end
7 March	Psalm 63	Gen 43.1-15	Gal 6
9 March	Psalm 32	Gen 43.16-end	Heb 1
10 March	Psalm 50	Gen 44.1-17	Heb 2.1-9
11 March	Psalm 35	Gen 44.18-end	Heb 2.10-end
12 March	Psalm 34	Gen 45.1-15	Heb 3.1-6
13 March	Psalm 41	Gen 45.16-end	Heb 3.7-end
14 March	Psalm 25	Gen 46.1-7,28-end	Heb 4.1-13
16 March	Psalm 5	Gen 47.1-27	Heb 4.14-5.10
Patrick	Psalm 9	Gen 47.28-48.end	Heb 5.11-6.12
18 March	Psalm 38	Gen 49.1-32	Heb 6.13-end
Joseph	Psalm 89.26-36	2 Sam 7.4-16	Matt 1.18-end
20 March	Psalm 22	Exod 1.1-14	Heb 7.11-end
21 March	Psalm 31	Exod 1.22-2.10	Heb 8
23 March	Psalm 77	Exod 2.11-22	Heb 9.1-14
24 March	Psalm 79	Exod 2.23-3.20	Heb 9.15-end
BVM	Psalm 40.5-11	Isa 7.10-14	Heb 10.4-10
26 March	Psalm 86	Exod 4.27-6.1	Heb 10.19-25
27 March	Psalm 102	Exod 6.2-13	Heb 10.26-end
28 March	Psalm 32	Eod 7.8-end	Heb 11.1-16